

Transylvania

Mac Users Group

January 2021

AGENDA

- Introduction and welcome
- TMUG Announcements
- 2021 - New Year's Resolutions: Apps that can help you keep them
- Section 230: What is it and why should I care?
- Q&A



2021 - New Year's Resolutions: Apps that can help you keep them

- Tracking Goals
- Health and Fitness
- Nutrition
- Career
- Relationships
- Money management
- Time Management



Tracking Goals

iOS

- Apple Reminders
- New Years Resolutions Tracker
- Strides
- Productive
- Habitica
- Streaks
- Today Habit Tracker
- Done
- Habitify: Habit Tracker

macOS

- Apple Reminders
- Todoist checklist
- Things
- OmniFocus 3
- Microsoft To-Do
- 2Do
- Any.do



Health and Fitness

iOS

- Apple Fitness +
- Fitbit
- MyFitness Pal
- 3 Minute Mindfulness
- Calorie Counter & Diet Tracker
- Elevate
- myNoise
- Doctor on Demand
- MyQuit Coach

macOS

- Apple Fitness +
- BeFit Lite
- Sluggard
- Daily Ab Workout Lite
- OpenFit mobile
- Wyze smart scale
- Breath Ball
- WaterApp
- Blood Pressure Management
- Pollution Monitor
- White Noise Lite



Nutrition

iOS

- YouAte
- Rise Up
- Tummly
- Whisk
- Mealime
- Harvest
- Seafood Watch
- FODMAP
- Fudicate
- Live Up!

macOS

- Green Chef recipe preview
- Cook at Home
- Splendid Spoon meal delivery kit
- Paprika
- AllRecipes
- Wyze smart scale

WEB

- Yummly
- Whisk
- Mealime



Career

iOS

- LinkedIn
- Glassdoor
- Monster
- Indeed
- ExpressJobs
- Snag
- CareerBuilder
- ZipRecruiter
- Good & Co

macOS

- CV Master
- Resume Builder

WEB

- Monster
- Indeed
- CareerBuilder
- ZipRecruiter



Relationships

iOS

- Tinder
- Bumble
- OKCupid
- Match
- FaceBook
- eHarmony
- Coffee Meets Bagel
- Hinge
- XO
- Happn

macOS

WEB

- Zoosk
- eharmony
- elite Singles
- Silver Singles
- Our Time
- Match
- Christian Mingle



Money management

iOS

- Apple Card
- Mint
- PocketGuard
- Wally
- Wallet
- MoneyStrands
- Money Lover
- Dollarbird
- Honeyfi
- Clarity Money
- Fudget
- Spendee
- Credit Karma

macOS

- Personal Capital
- Quicken Premier
- Mvelopes
- YNAB
- Banktivity
- Turbo Tax



Time Management

iOS

- Rescue Time
- Remember the Milk
- Focus Booster
- MindNode
- MyLifeOrganized
- Pocket
- Focus@Will
- Trello
- Quire

macOS

- Rescue Time
- Remember the Milk
- Focus Booster
- MindNode
- Focus@Will
- Trello
- Alfred

WEB

- Toggl
- Pocket



Section 230: What is it and why should I care?

“No provider or user of an interactive computer service shall be treated as the publisher or speaker of any information provided by another information content provider.”



Section 230: What is it and why should I care?

- Protects companies from lawsuits over content generated by users on their sites.
- Right to moderate content
- Does not give them the responsibility to do so
- Content is posted so rapidly there's just no way they can possibly police everything
- Not absolved from everything



Q & A

Question